

Although it's no longer a specific item on your Practice Chart, still begin and end practices with a bow (p. 166).

M T W T F S S

## LISTENING

to all of assigned reference recording

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## BOW GAMES (as assigned by the teacher)

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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**Pinkie Taps and First Finger Flops** (p. 188)

**Stirring the Soup** (p. 191)

**Opening and Closing the Door** (p. 192)

**Passing the Cup** (p. 192)

**Making Cookies** (p. 193)

**Wheels on the Bus** (p. 195)

**Up Like a Rocket** (p. 195)

**Hide the Tape** (p. 226)

**Hanging the Laundry** (p. 227)

**Bowing in the Whisper Tube** (p. 206)

**Opening and Closing the Door on E** (p. 217)

## Tone Builders on the E String

p. 220

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Rolling the Bow hairs Across the Strings and Rolling the Bow hairs to the A String

pp. 233 & 234

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Tone Builders on the A String

p. 235

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Bouncing the Fingers on the High Mark

p. 238

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Shifting from the High Mark to the Finger Tapes and Back

p. 241

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Ice Cream Cone and the Jellyfish Hand

p. 244

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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## Minutes

(record how long it took you to practice)

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## Readings (check when completed)

**How a Violinist's Left Hand Fingers Work** p. 236

<input type="checkbox"/>
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